

BEVERLY HILLS PEDIATRICS, P.C.

West Location 32100 Telegraph Rd. Suite 110 Bingham Farms, MI 48025 PHONE: 248-644-1221 FAX: 248-644-2748	East Location 5555 Metro Parkway Suite 300 Sterling Heights, MI 48310 PHONE: 586-268-7110 FAX: 586-268-2774
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PRECAUTIONS FOR PATIENTS UNDERGOING DESENSITIZATION TREATMENT

1. ALL PATIENTS MUST REMAIN IN THE WAITING AREA FOR AT LEAST 20 MINUTES AFTER EACH ALLERGY INJECTION.

2. Reactions to allergy injections may occur at any time. If the reaction occurs early in the course of treatment, it may be necessary to begin treatment with a weaker extract. A reaction occurring during the “build-up” period may indicate that the maximum tolerated dose has been reached, or that the usual rate of increase is not tolerated well by you at that time.

3. In addition, any stimulus which causes an increase in circulation may cause too rapid an absorption of the allergy injection and cause a reaction. Examples would be exercise, hot/muggy weather, pregnancy and anxiety. Therefore, you should not partake in heavy exercise for 2-4 hours before or after the allergy injection, especially on hot summer days. Injections are safe during pregnancy, and can be continued, but the dosage will have to be adjusted. Please inform us immediately about your pregnancy at the time of diagnosis.

4. Adverse reactions (systemic reactions) which should be brought to the attention of the nurse or doctor **IMMEDIATELY** include:

- Sensation of generalized warmth followed by localized or generalized itching.
- Sensation of tightness in throat or chest.
- Sensation of swelling or itching of the tongue, mouth, throat, palms, or groin.
- Itching of the nose, followed by sneezing, nasal stuffiness, and eye symptoms such as redness, itching, or puffiness.
- Hives (localized or generalized) occurring within several minutes after the injection.

If you or someone else in the waiting area experiences any of these symptoms, it should be reported immediately to the nurse or doctor so treatment may be instituted. **THE MOST DANGEROUS REACTIONS OCCUR WITHIN MINUTES AFTER THE INJECTION, AND THIS IS THE REASON FOR THE MINIMUM WAITING PERIOD OF 20 MINUTES.**

5. If any of the above symptoms occur after you leave the office, and within one hour of the time of the injection, return at once to our office or any Emergency Room, whichever is closer.

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6. Other adverse reactions (local reactions) which may or may not be associated with those reactions listed above may include:

Swelling at the injection site which measures greater than 2 in. in diameter (golf-ball size)

Swelling of any size at the injection site which is still present upon arising the next morning.

If the localized swelling occurs **ALONE** (without any other type of reaction), ice may be placed on the site of the swelling.

7. Symptoms starting more than 24 hours after the injection are probably not related to the injection.

8. One of the most common reasons for reactions to the injections is the failure to receive them on a regular basis. As a general rule, the injection dose can be given twice a week. If you are more than one week late for your injection, the dose will most likely have to be reduced.

9. It is very important to report any and all reactions, plus any difficulties felt to be from the injections, to the nurse or doctor **before** the next injection is administered.

I have been fully informed and understand the risks of immunotherapy including anaphylaxis, and that I need to wait in the office for a 20 minute period after each injection.

Sign _____